



News Release

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For Immediate Release
Friday, August 7, 2009

MARINERS SELECT DOUG FISTER FROM TRIPLE-A TACOMA

LHP Jason Vargas optioned to AAA Tacoma.

SEATTLE, Wash. -- Seattle Mariners Executive Vice President & General Manager of Baseball Operations **Jack Zduriencik** announced the following roster moves today:

- RHP **Doug Fister** selected from AAA Tacoma.
- LHP **Jason Vargas** optioned to AAA Tacoma.

With these transactions, the Mariners currently have 38 players on the 40-man roster. Fister will wear #58 for the Mariners and will be active for tonight's game against the Tampa Bay Rays. He will be making his Major League debut when he appears for the Mariners.

Fister, 25, has spent most of the season with AAA Tacoma in the Pacific Coast League. He is 6-4 with a 3.81 ERA (45 ER, 106.1 IP) in 22 appearances, 17 starts. He has walked only 11 batters and struck out 79 in 106.1 innings. Over his last seven appearances (6 GS), Fister is 3-3 with a 7.74 ERA (13 ER, 42.2 IP).

Fister was originally selected by the Mariners in the 7th round of the 2006 June Draft out of Fresno State University. In four seasons in the Mariners organization, he has compiled a career 23-31 record with 308 strikeouts against only 100 walks.

Vargas, 26, is 3-6 with a 5.08 ERA in 16 appearances, 14 starts for the Mariners this season. He started and lost his last start Thursday in Kansas City (7.0 IP, 9 H, 8 R, 7 ER, 3 BB, 0 K), allowing 5 runs in the first inning. He will be making his third stint with Tacoma, where he is 1-2 with a 2.93 ERA (9 ER, 27.2 IP) in five starts.

FISTER'S PLAYING RECORD

YEAR	CLUB	W-L	ERA	G	GS	CG	SHO	SV	IP	H	R	ER	HR	HB	BB	SO	WP	BK
2006	Everett	3-5	2.25	20	4	0	0	4	40.0	35	18	10	2	1	11	35	2	1
2007	West Tenn	7-8	4.60	24	24	1	0	0	131.0	156	78	67	14	3	32	85	3	0
2008	West Tenn	6-14	5.43	31	23	0	0	0	134.1	155	95	81	12	11	45	104	4	2
2009	West Tenn	1-0	0.00	2	0	0	0	0	5.2	2	0	0	0	0	1	5	0	0
	Tacoma	6-4	3.81	22	17	0	0	0	106.1	132	51	45	10	5	11	79	4	1
Minor Lg Totals		23-31	4.38	99	68	1	0	4	417.1	480	242	203	38	20	100	308	13	4

VARGAS' PLAYING RECORD

YEAR	CLUB	W-L	ERA	G	GS	CG	SHO	SV	IP	H	R	ER	HR	HB	BB	SO	WP	BK
2004	Jamestown	3-1	1.96	8	8	0	0	0	41.1	35	17	9	2	3	13	41	3	0
	Greensboro	2-1	2.37	3	3	0	0	0	19.0	9	5	5	1	0	2	17	0	0
2005	Greensboro	4-1	0.80	5	5	0	0	0	33.2	16	4	3	1	2	10	33	1	0
	Jupiter	2-3	3.42	9	9	0	0	0	55.1	47	24	21	6	0	14	60	0	0
	Carolina	1-0	2.84	3	3	0	0	0	19.0	13	6	6	3	0	7	25	0	0
	FLORIDA	5-5	4.03	17	13	1	0	0	73.2	71	34	33	4	4	31	59	0	0
2006	FLORIDA	1-2	7.33	12	5	0	0	0	43.0	50	39	35	9	4	30	25	2	0
	Albuquerque	3-6	7.43	13	13	0	0	0	69.0	98	60	57	11	5	28	51	0	1
2007	New Orleans	9-7	4.97	24	24	0	0	0	125.0	141	77	69	14	3	44	108	1	1
	NEW YORK (NL)	0-1	12.19	2	2	0	0	0	10.1	17	14	14	4	0	2	4	1	1
2008									Injured-Did Not Pitch									
2009	Tacoma	1-2	2.93	5	5	0	0	0	27.2	24	9	9	1	0	9	26	0	0
	SEATTLE	3-6	5.08	16	14	0	0	0	79.2	90	48	45	14	3	24	45	1	0
Minor Lg Totals		25-21	4.22	70	70	0	0	0	354.0	383	202	179	39	13	127	361	5	2
AL Totals		3-6	5.08	16	14	0	0	0	79.2	90	48	45	14	3	24	45	1	0
NL Totals		6-8	5.81	31	20	1	0	0	127.0	138	87	82	17	8	63	88	3	1
ML Totals		9-14	5.53	47	34	1	0	0	206.2	228	135	127	31	11	87	133	4	1

For more information, please contact the Seattle Mariners baseball information department at (206) 346-4000. More information on Seattle's roster is also available online at www.mariners.com or www.losmarineros.com.

All Mariners releases, game notes, statistics and daily minor league report is also available by visiting the Mariners Virtual Press Box at multimedia.mariners.com.

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